



MAY 26&27, 2018

BEST SUMMER LEADER GUIDE *EVER*

MAIN IDEA

Praise is expressing our love to God and there are many avenues of doing that in our life..

WELCOME 10 MINUTES

To launch everyone into summer with spiritual disciplines in hand, we'll be spending the welcome time these last few weeks to check in with people about how their time spent doing these disciplines is positively impacting their life and faith.

WORSHIP 10 MINUTES

Since this week is about praise and worship, it seems fitting to spend some time in praise and worship! If your group is completely adverse to worshipping together you can replace the singing time with a reading of Psalm 150 and discuss where people have carved out time to worship.

WORD 30 MINUTES

1. The book referenced by Pastor Josh in this week's sermon is called Holy Roar by Chris Tomlin.
2. A life filled with worship tells us where our focus is. Speaking to each other in hymns and psalms doesn't mean we suddenly live life like it's a musical, rather it's saying that even when talking to one another we can't help but praise God. However, there is indeed something special when Christ followers gather together to praise God through song and perhaps we limit ourselves by only doing it once a week.

3. We can worship God through everything we do. Whether it is serving someone, loving our families, loving our neighbors, inspired prayers, giving, or creating art, there are endless possibilities to how we respond and show our love for God in everyday actions.
4. "Living sacrifice" invokes a Biblical image of sacrificing animals on the altar. So "living sacrifice" is a paradox that calls us to live our lives in such a way that we are dying to ourselves always to please God. "Words are cheap" and "actions speak louder than words" can be seen in the spirit of this passage.

6. Here are the seven words for praise in Hebrew.

הָלַל **halal** to rave, boast, celebrate, to be clamorously foolish. (Psalm 149:3)

יָדָהּ **yadah** to revere or worship with extended hands. (Psalm 63:4)

בָּרַךְ **barak** to bless by kneeling or bowing. (Psalm 103:1)

זָמַר **zamar** to pluck the strings of an instrument with joyful expression. (Psalm 92:1)

שָׁבַח **shabach** to address in a loud tone, to shout. Your unfailing love is better than life itself; how I praise (shabach) you! (Psalm 63:3)

תְּהִלָּה **tehillah** exuberant singing, a spontaneous song. (Psalm 34:1)

תּוֹדָה **towdah** an extension of the hand; thanksgiving for things not yet received. (Psalm 50:23).

WORKS 10 MINUTES

1. Set the example by being honest yourself about how you approach worship and how you can praise God in a new or focused way.