

LIFE GROUP STUDY GUIDE

MAIN IDEA

Our name or identity carries a huge weight in our life, so let God define your identity.

WELCOME 10 MINUTES

The story of a name can be powerful and can carry weight in how others view us or how we view ourselves. It's a great set-up for the discussion today.

WORSHIP 10 MINUTES

Whatever you do, help set the stage for your group to put their eyes on God and reflect on the power of his name(s).

WORD 30 MINUTES

1. Allow this time of prayer to have some "pregnant pauses" for silence so that people can have some room to redirect their mind towards today's study.
2. Your group might be vulnerable enough to speak into some of the hurtful names they have been given or taken upon themselves (ex: Not enough, Unworthy, Weak, Forgotten, etc.). If you think this is a time for people to be vulnerable with that, be an example by being vulnerable yourself.
3. It's a lot of passages, but this part is the powerful part of today's study! Don't rush through. Let people reflect. Encourage people to write notes.

5. This can look like waking up 20 minutes earlier than normal (even if it's not everyday, start somewhere). This could look like downloading the Bible on Audiobook and listening on your commute. This can look like making a corner in your house cozy and decorated and a fun place for prayer. This can look like a weekly Saturday fishing trip where you intentionally go to read and pray and spend time with the Lord.
6. This can look like inviting someone that speaks truth to you and fills you up out to coffee. This can look like being a part of a small group, or making community a bigger priority. This can look like planning a dinner party (doesn't that sound so fun?). Honestly think of practical ways you can SURROUND yourself with truth. With the Word of God. With prayer. With a team who knows and speaks truth into your life.
8. This doesn't mean your actions will be 100% perfectly lined up with it starting this second. This doesn't have to be a name you've ever heard someone call you. This CAN be a name you've answered to before but need to answer to again. There can even be a few names! There is no wrong answer. What name do you want to start declaring you are, approaching situations as, and claiming victory over your life with?

WORKS 10 MINUTES

As the leader, perhaps model this by reaching out to individual group members this week to encourage them. Definitely do this in your spheres of influence as well. It takes effort, but it will be a blessing.