

WEEK JAN 31-FEB 6

#### MAIN IDEA

Jesus teaches us to pray for God's provision.

### CHECK IN (HIGHS & LOWS) 15 min

A great, quick way to catch the highlights of what is happening in the lives of the people in your group is to take turns quickly sharing the "highs & lows" of your week. High: What was the highlight of your week? Low: What was the low point of your week?

## SETTLE IN (ICE BREAKER)

1. Before we begin today's discussion, let's begin by going before the Lord in prayer. Say the Lord's Prayer together (found in Matthew 6:9-13) and then have two people pray for your time together.

10 min

2. Tell the group about a time when you were worried about a need being provided for (job, food, transportation). How did that end up playing out? Read Matthew 6:11. What is the heart of this part of the prayer?

#### LOOK IN (OBSERVATION)

15 min

- 4. Read Deuteronomy 10:14. According to this passage, what does God "own"?
- 5. Read Philippians 4:19. What is the promise made in this passage?

# LOOK UP (UNDERSTANDING) 20 min

- 6. What areas of provision do you need to survive?
- 7. Do you ask God for help in providing for your basic needs? Why or why not?
- 8. Do you view everything as belonging to God and you are the steward? Why or why not?
- 9. If you were to identify the "war of desires" within you, what desire would you say is at war with God's desire for your life?

## GEAR UP (APPLICATION) 20 min

10. What is one step you can take this week, to change the narrative of your heart and trust God more as your provider?

#### STEP UP (HOMEWORK) 5 min

- 1. Experiences: Begin to schedule your different experiences for this group season (prayer, serve, etc.).
- 2. Use the prayer guide provided by the church to spend daily time in prayer.
- 3. Start a Bible reading plan together! We recommend the book of Matthew because it has 28 chapters and will take you four weeks to complete if you read one chapter a day.

3. Read James 4:1-3. What is James saying about our desires?