



**WEEK Feb 6 – 12**

### **MAIN IDEA**

We have been made to worship God, but there are ramifications if we point our worship toward something else.

### **CHECK IN (HIGHS & LOWS)** 15 min

A great, quick way to catch the highlights of what is happening in the lives of the people in your group is to take turns quickly sharing the “highs & lows” of your week. High: What was the highlight of your week? Low: What was the low point of your week?

### **SETTLE IN (ICE BREAKER)** 10 min

1. How do you define worship? Take some time to write down an answer and then after a few minutes share your answers with the group.
2. Let’s spend some time worshipping God through song. Pick out your favorite worship song on YouTube or some other platform. Make sure everyone has the words in front of them. Engage with the worship however suits you best whether it’s singing along or reflecting on the words. If you’d like a new song to sing as a group here are a couple of options: “Firm Foundation” by Cody Carnes, “One and Only Jesus” by Vertical Worship, or “Same God” by Elevation Worship.

### **DIG IN (UNDERSTANDING)** 15 min

1. Read Nehemiah 8:1-12. What are the events that happened in this passage?

2. What was the response of the people? Why do you think they responded this way?
3. Read Romans 1:21-25. This section is often referenced because of its condemnation of homosexuality (v.26-27), but that’s not the main point of this passage. This is an explanation of the consequences of misplaced worship. What are the ways people ignore God in this passage?
4. What are the effects of ignoring God according to this passage? (Extra credit: include 1:26-32 in your analysis).
5. Read Romans 12:1-2. How does God ask us to respond to his mercy in saving us? (Note: the “therefore” is referring to Romans 11 which lays out the mercy of God for those saved in Jesus in light of letting Israel choose disobedience.)
6. What does offering your body as a living sacrifice look like? How does this become a display of worship?
7. What are the effects of worshipping God in this way according to the passage?

### **GEAR UP (APPLICATION)** 20 min

1. How can you be intentional every day this week to worship God according to the call in Romans 12:1?
2. Worshipping together in community bonds us in deeper ways than we can sometimes see. How would you like to involve your group in worshipping together more often?

### **STEP UP (HOMEWORK)** 5 min

1. Follow through with daily time of worshipping God this week. See how that impacts your mind and heart.