



GROUPDISCUSSION GUIDE

WEEK Feb 12–18

MAIN IDEA

The habit of prayerlessness.

CHECK IN (HIGHS & LOWS) 15 min

1. Take turns quickly sharing the “highs & lows” of your week. High: What was your biggest highlight since we last met? Low: What was the low point during this time?
2. What scripture did you meditate on last week? Did God reveal any areas where worry is affecting your trust in what God has for you?

SETTLE IN (ICE BREAKER) 10 min

On a scale of 1-10, what does your prayer life look like?

DIG IN (UNDERSTANDING) 35 min

1. Read Hebrews 11:6. What does this verse say needs to happen before God rewards people? How does Hebrews 11:1 assist in better understanding the ask of Hebrews 11:6?
2. In what ways can a person diligently seek God?
3. Read 2 Chronicles 7:14. God desires for us to humble ourselves, pray, seek him, and turn from our wicked ways. What is the result of us doing this? How do you see God’s character in this?

4. A.C.T.S. (Adoration, Confession, Thanksgiving, and Supplication), is a good acrostic to use when praying. Where do you see these elements in the Lord’s Prayer in Matthew 6:9-15?
5. When praying, which area do you spend the least time in?
6. Read Luke 11:9-10. We are invited to keep asking, seeking, and knocking. Do you find that this comes easy to you? Difficult? What about the flesh keeps you from doing this more?
7. Read 1 Thessalonians 5:17. How does this verse support Luke 11:9-10? In what ways should this impact your prayer life? Share a time when you prayed like this.

GEAR UP (APPLICATION) 15 min

1. Have you used A.C.T.S. or any other acrostic when praying? If so, which one? If not, what does your prayer time look like?
2. What are some practical steps you can take this week in breaking the habit of prayerlessness?

STEP UP (HOMEWORK) 5 min

1. Look back to the settle in (ice breaker) question. Find ways to bump that number up and focus on developing a well rounded prayer life using the acrostic A.C.T.S. if needed.
2. Share with your group at the beginning of next week’s meeting if you have noticed how being more intentional with prayer has impacted your daily life.