



**WEEK APR 25 - MAY 1**

### MAIN IDEA

Celebrating God

### CHECK IN (HIGHS & LOWS) 15 min

A great, quick way to catch the highlights of what is happening in the lives of the people in your group is to take turns quickly sharing the “highs & lows” of your week. High: What was the highlight of your week? Low: What was the low point of your week?

### SETTLE IN (ICE BREAKER) 10 min

1. Start your time with a worship song this week. Pick a worship song that is praising or celebrating who God is or what he’s done. Sit in the words (play a YouTube video with lyrics or look up the lyrics on a device) and reflect on them as though they are your own. Possible song options: *Graves into Gardens* (Elevation Worship), *Living Hope* (Phil Wickham), *How Great Thou Art* (Hymn).
2. End this time of worship with prayers focused on adoring God for who he is and thanking him for all he’s done in your life.

### LOOK IN (OBSERVATION) 15 min

1. Read Psalm 145:1-3. The opening to this psalm of praise could seem redundant but different words for the same thing are used intentionally. Which words in the first three verses seem the same? What’s the definition of each of these words?
2. What aspects of God does David praise?

3. Read Psalm 145:4-7. What is passed from generation to generation?
4. How does David say people will respond to God?

### LOOK UP (UNDERSTANDING) 20 min

1. Many psalms (and contemporary worship songs) repeat a similar truth over and over or multiple times in different ways. What begins to happen when you repeat a truth over and over? (There is not a “correct answer” to these questions, but they are worth contemplating.)
2. What’s the benefit of learning to say the same truth in different ways?
3. Why can it be easy to stop praising or celebrating God with your heart over the lifetime of your faith?
4. Verses 5-7 celebrate three different aspects of God: his glory, his works, his goodness. Why do each of those three aspects (and our awareness of them) enhance our worship of God?
5. David tells us three different ways he responds to these three characteristics. What are they?
6. Why do these three different spiritual practices matter in our worship of God?

### GEAR UP (APPLICATION) 20 min

1. Which of these three aspects of God’s character do you tend to focus on when you worship? Why is that?
2. Which of these three aspects do you not focus on as much? Why is that?
3. What would it look like this week for you to spend daily time worshipping and celebrating God for his glory, his works, and his goodness? Share how you’ll practice this.

### STEP UP (HOMEWORK) 5 min

1. Schedule some time each day this week to practice meditation on God’s works, talking about what God has done, and worshipping through song to God. As you practice this every day, reflect on how this impacts your view and relationship with God.
2. Continue or start a Bible reading plan together. We recommend the Psalms or the book of Acts.