



GROUPDISCUSSION GUIDE

WEEK Sep 11 – 17

MAIN IDEA

Can God really do something with me?

CHECK IN (HIGHS & LOWS) 15 min

A great, quick way to catch the highlights of what is happening in the lives of the people in your group is to take turns quickly sharing the “highs & lows” of your week/holidays. High: What was your biggest highlight since we last met? Low: What was the low point during this time?

SETTLE IN (ICE BREAKER) 10 min

1. What is your favorite “dark horse” movie of all time?

DIG IN (UNDERSTANDING) 15 min

1. Read Nehemiah 1:1-4, 2:3-5. Nehemiah was a cupbearer to the king (1:11), but what was the burden Nehemiah carried? How did he respond, and what did he do because of this burden?
2. Read Nehemiah 4:1-3. What kind of opposition did Nehemiah face? What were some of the comments made about him and those who took on the work of building the wall?

3. Read Nehemiah 6:15-16. How long did it take to build the wall? How did the “haters” respond in seeing them succeed?
4. What are the burdens for God’s kingdom that you carry? In what ways do you sometimes feel inadequate?
5. Read Psalm 139:15, Psalm 46:1, and 1 Peter 2:9-10. What do these passages reveal about how God has created us? How do these passages encourage you?
6. Read Isaiah 40:29-31 and Ephesians 2:10. Share a time when you experienced God use you to do something that you felt inadequate to do.

GEAR UP (APPLICATION) 20 min

1. What is God challenging you to step into in this season of your life? What are the obstacles that are keeping you from stepping into that calling?

STEP UP (HOMEWORK) 5 min

1. Make sure to engage in the Summit daily prayer card this week. Don’t fly through it or just check a box. Spend some time with God reflecting on the day’s prayer, and give space for God to bring things up in your mind and heart for you to respond to.
2. If you need a Bible reading plan, read the book of Nehemiah.