



GROUPDISCUSSION GUIDE

WEEK Nov 20–26

MAIN IDEA

Wearing the yoke of love.

CHECK IN (HIGHS & LOWS) 15 min

A great, quick way to catch the highlights of what is happening in the lives of the people in your group is to take turns quickly sharing the “highs & lows” of your week/holidays. High: What was your biggest highlight since we last met? Low: What was the low point during this time?

SETTLE IN (ICE BREAKER) 10 min

Tell the group about a season in your life where you felt most free (however you want to define it).

DIG IN (UNDERSTANDING) 35 min

1. Read Galatians 5:1-15. What does Paul identify as the purpose for Christ setting us free?
2. In what ways is your definition similar? In what ways is it different?
3. How have you seen Christ’s freedom abused?

4. How do verses 6 and 13 address those who think their freedom in Christ allows them to do anything they want? How do they challenge you?
5. Bryan talked about how the opposite of the law is license. How have you seen the “yoke of license” enslave you or someone else?
6. Read Matthew 11:29-30 and Galatians 5:16. Why would taking Jesus’ yoke upon you give you more freedom?

GEAR UP (APPLICATION) 15 min

1. Read Galatians 5:22-26. How have you seen the Spirit of God free you from the burden of enslavement?
2. Of the different aspects of the fruit of the Spirit, where have you seen change in your life? Where do you still desire growth?

STEP UP (HOMEWORK) 5 min

1. Let’s take Bryan’s challenge. I will pour more (fruit) into (friend)’s life because of the yoke of love.
2. Finish the book of Galatians with us! Spend time in the word of God this week, letting God speak to you.